

Parish Adult Faith and Spiritual Formation

Sr. Ruthann O'Mara, SSJ – Director of Adult Faith and Spiritual Formation

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Spirit Alive!

The Mass: A Privileged Encounter

“Walk through the Liturgy with Bishop Barron and be transformed through insights on this most privileged and intimate encounter with Jesus Christ.” This Catholic Film Series on the Mass will “explore the goodness, truth, and beauty of the Faith with Bishop Robert Barron.” Bishop Barron is one of the world’s most followed Catholics on social media. During this online Catholic Series, we will view two videos on the Mass followed by group discussion. Tuesdays - Dates: 11/23: “The Mass: A Privileged Encounter” and 11/30: “Called Out of the World”. Time: 7:00 PM – 8:00 PM To register or for more information, contact Sr. Ruthann at ssjruthann@gmail.com or 856-449-4328

Salt and Light: Going Deeper

The “Salt & Light” evenings will focus on deepening faith and spirituality through reflection and prayer. The themes will be taken from the Advent Season of Sunday Readings. After a brief input on the scriptural passage, the participants will be led through various forms and styles of prayer such as: *Lectio Divina* and Meditation.

Dates: Wednesdays, December 1 & 15 Time: 7:00 PM – 8:00 PM Meetings Online OR Phone Call. To register or for more information, contact Sr. Ruthann at ssjruthann@gmail.com or 856-449-4328

Advent: Light on the Journey

Group Spiritual Direction: Young Adult - Men and Women Ages 21 to 35

“Spiritual direction encourages you to explore a relationship with the Mystery that many name God within each of us dwells the desire to find meaning beyond the moment, to discover our true selves, to grow closer to God and to one another.” – SDI. For the small group, men and women ages 21 to 35 are invited to meet online with others to talk about the experiences of your daily life and gradually discern God’s presence in your life. Dates and Times: To Be Determined

Spiritual Director: Sister Ruthann O’Mara, SSJ

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Taize Advent Service

‘Taize Prayer is evening prayer for all Christian Faiths. It is a simple, meditative form of worship, calling us to dwell deeply on Christ’s presence around and within us.’ It can be challenging to find the quiet time in everyday busy lives. Come to this invitation to take 45 minutes in meditative prayer, in which Christians of all denominations come together to pray. Music Leader: Darin Williams [All Are Welcome!](#)

Date: Wednesday, December 15, 2021 Time: 7:30 PM Place: Holy Cross Church No Registration Needed.

Advent: A Time to Engage Obstacles and Opportunities

Retreat Day for Holy Cross Choir

During this in person retreat the choir members will meet some central Advent Figures: Zechariah, Elizabeth, and Mary (Luke: Chapters 1 & 2). The opening song “Wait for the Lord” will set the tone for the day followed by two talks and two sharings. This retreat experience of prayer, song, silence, and companionship will be held in the beautiful setting of St. Raphaela Retreat Center, Haverford, PA. Date: 11.20.2021 Choir will register with Darin Williams, Music Director
Presenter: Sister Marganne Drago, SSJ Facilitator: Sister Ruthann O’Mara, SSJ

Stay at Home Retreat

Online Adult Faith Opportunity with Brother Mickey McGrath, OSFS Discover some of the greatest art and architecture of European history and “walk” in the footsteps of saints from across the ages. From Black Madonna to Gothic architecture, from modern cities to medieval cliff side towns, we will see the timeless beauties of religious faith and rediscover what is still relevant for us today, in our own difficult times of unrest and uncertainty. To register for this retreat, go to www.cranaleith.org. Program fee \$25 Date: November 9 Time: 6:30 PM – 8:30 PM