

## Sr. Ruthann O'Mara, SSJ - Director of Adult Faith & Spiritual Formation



### **Man to Man: Lenten Retreat**

Date: Saturday, March 11, 2023 Time: 8 PAM to 9:30 AM Place: Church Meeting Room

Presenter: Father Grogan

Take time from the hectic pace of life this Lent and join with other men – older, younger, in the middle, married or single for life-giving retreat experience. This will be a time for prayer, input and conversation.

### **Women's Retreat: "The Way of Love: Practices for a Jesus-Centered Lent"**

Date: Sunday, March 12, 2023 Time: 3 PM to 5 PM Location: Holy Cross Church

Presenter: Michelle France-Donnay, writer, teacher, wife, and mother "of two twenty-something sons"

The retreat afternoon will be in-person and begin in the church with prayer, presentation and sharing followed by tea and desserts in the Parish Meeting Room. Join us for the gift of this time to focus on Jesus this Lenten Season.

### **Holy Longing: The Search for a Christian Spirituality**

*Holy Longing: The Search for a Christian Spirituality*, by Ronald Rolheiser, OMI Ronald Rolheiser shows how to channel that restlessness, that deep desire, into a healthy spirituality. Join us for prayer, input, and discussion on what James Martin, SJ refers to as "One of the best books of Christian Spirituality ever written".

Note the Dates: Wednesdays - 3/8; 3/22; 3/29 Time: 7:00 PM to 8:00 PM Zoom

### **The Cup of our Life, by Joyce Rupp**

*The Cup of our Life*, by Joyce Rupp is a daily devotional which will inspire you to grow in your relationship with God. This program has a fifteen year history of helping men and women pray about everyday life using a rich symbol of the cup in many forms. Dates: Fridays – 3/3; 3/10; 3/17; 3/24; 3/31 Time: 1 PM to 2:00 PM Meeting - In-person

Location: Church Meeting Room

### **Young Catholic Professionals: The Word of God is Living and Active!**

Young Professionals are meeting virtually for prayer and conversation on the Word of God from the Sunday Readings. Come as you are! Connect with others! For more information on the dates and times contact:

[misssween354@gmail.com](mailto:misssween354@gmail.com) or [alessandromaldonado03@gmail.com](mailto:alessandromaldonado03@gmail.com)

**To register for above Lenten Programs: email Sister Ruthann, SSJ at [director.afsf@gmail.com](mailto:director.afsf@gmail.com)**

### **Stations of the Cross: So Great a Love!**

Join parishioners praying the Way of the Cross either virtually or in person during the Lenten Season.

Time: 7 PM Virtual: Zoom or Phone (Link published on Flocknotes each Friday) OR In person (in church)

**Directed Prayer Weekend** – Sisters of St. Joseph, Center for Spirituality, Lenten Silent Retreat for adult men and women of all ages. Place: Ocean Grove, NJ Date: March 24<sup>th</sup> – 26<sup>th</sup>, 2023

Register early with: Sr. Joannie Cassidy, SSJ at [jlc.cassidy@gmail.com](mailto:jlc.cassidy@gmail.com)