

Holy Cross Parish: Adult Faith & Spiritual Formation Programs
Sr. Ruthann O'Mara, SSJ – Director of Adult Faith & Spiritual Formation



Adult Faith & Spiritual Formation: R.C.I.A.

Do you know someone who might be interested in becoming Catholic or who would want to know more about the Catholic Faith or would desire Full Communion in the Catholic Church? Please encourage the person to contact either Darin Williams at darinwilliams52@gmail.com or Sister Ruthann O'Mara, SSJ at ssjruthann@gmail.com for an appointment to share with him/her about the wonderful process for faith and spiritual formation called the Rite of Christian Initiation for Adults. In this process adults (with other adults) learn about what the Church teaches and regarding the Bible, Sacraments, and Discipleship.

Adult Faith & Spiritual Formation: What is Group Spiritual Direction?

Dates: Monday, June 6, 2022 Time: 7:30 PM – 8:15 PM

“Spiritual direction encourages you to explore a relationship with the Mystery that many name God. In the midst of a busy life, many people find it difficult to notice God’s action in their daily affairs. Yet, at the deepest level, all of us long for a more conscious experience of God’s presence and love.” - Spiritual Directors International
During this evening session we will explore the meaningful purpose and the many gifts of Group Spiritual Direction. Virtual or Phone in Presenter: Sister Ruthann O'Mara, SSJ

Young Professionals: Scripture Sharing Session

Dates: Monday, June 13, 2022 Time: 8 PM – 9 PM Come as you are!

How can I deepen my faith through sharing on scripture? How can I live the call of the Gospel in my everyday busy life? Young professionals, with those same questions, are meeting virtually for scripture sharing on the previous Sunday scripture readings. **“Scripture sharing with the group is a way for me to welcome the Holy Spirit in my life. The Spirit is so creative and I am always surprised by what the Holy Spirit can do through the readings as well as the thoughts from others in the group. I've given God just a little bit of time to participate in this group and God gives me back so much more.”** - Shannon Sweeney
For more information or to register contact: John Polanin at john.polanin@gmail.com

Spiritual Reading: A Friendship Like No Other, by: William Barry SJ

How can I grow in my relationship with Jesus? How can I become friends with the Christ of the Gospels? “Throughout *A Friendship Like No Other*, renowned spiritual director William A. Barry, SJ, explores the premise that God wants to relate to us as a close friend. Barry has contemplated this idea – radical for many Christians – throughout his lifetime, and he explains that it actually traces back to the “developing revelation of God Contained in the Bible.” Grounded in biblical tradition and with a clear focus on Ignatian spirituality, this book offers a fresh, heart-changing approach to living joyfully in the freedom of the divine embrace. Brief, personal meditations are woven throughout. You may want to add this spiritual gem to your summer reading. Let the *Holy Spirit guide you* to a deeper and wider personal relationship with Jesus. Jesus wants to be your friend!

To register for the above Programs: contact Sr. Ruthann, SSJ at ssjruthann@gmail.com