

**Holy Cross Parish: Adult Faith & Spiritual Formation Programs**  
**Sr. Ruthann O'Mara, SSJ – Director of Adult Faith & Spiritual Formation**



**Young Professionals: Scripture Sharing Session**

Dates: Monday, April 25, 2022    Time: 8 PM – 9 PM

How can I deepen my faith through sharing on scripture? How can I live the call of the Gospel in my everyday busy life? Young professionals, with those same questions, are meeting virtually on April 25<sup>th</sup> for reflection and sharing on the previous Sunday scripture readings. There is power in the group! Come as you are!

For more information contact: John Polanin at [john.polanin@gmail.com](mailto:john.polanin@gmail.com)

**Spiritual Reading Group: A Friendship Like No Other, by: William Barry SJ**

Dates: Mondays May 9, 16, and 23    Time: 12 Noon – 1 PM    **OR**    Time: 7 PM – 8 PM

How can I grow in my relationship with Jesus? How can I become friends with the Christ of the Gospels? “Throughout *A Friendship Like No Other*, renowned spiritual director William A. Barry, SJ, explores the premise that God wants to relate to us as a close friend. Barry has contemplated this idea – radical for many Christians – throughout his lifetime, and he explains that it actually traces back to the “developing revelation of God Contained in the Bible.” Grounded in biblical tradition and with a clear focus on Ignatian spirituality, this book offers a fresh, heart-changing approach to living joyfully in the freedom of the divine embrace. Brief, personal meditations are woven throughout. Participants are asked to purchase the book and read Part I for the May 9<sup>th</sup> Session. Virtual or Phone in    Facilitator: Bruce Giermann

**Adult Faith Formation: What is Spiritual Direction?**

Dates: Monday, May 2, 2022    Time: 7:30 PM – 8:15 PM

“Spiritual direction encourages you to explore a relationship with the Mystery that many name God. In the midst of a busy life, many people find it difficult to notice God’s action in their daily affairs. Yet, at the deepest level, all of us long for a more conscious experience of God’s presence and love.” - Spiritual Directors International  
During this evening session we will explore the meaningful purpose and the many gifts of Spiritual Direction.  
Virtual or Phone in    Presenter: Sister Ruthann O’Mara, SSJ

**Blessed Are You! A Parish Retreat**

Date: Saturday, May 7, 2022    Time: 9 AM to 1 PM    In-Person Retreat

Can you take this morning to slow down, to enjoy the beauty of creation, and to nourish your inner spirit? Can you put the “busyness” aside to enjoy this time to connect with God and others on the spiritual journey? This retreat will afford you the space to do just that! The retreat theme will be the Beatitudes (Matthew 5: 2-12). In these powerful counter-cultural statements, Jesus describes the way of life that is meant for every Christian. Through input, prayer, and conversation, the Beatitudes will come alive for you this Easter Season. Location: St. Raphaela Retreat Center, Coopertown Road, Haverford, PA, is a ministry sponsored by the Handmaids of the Sacred Heart of Jesus. Register early. Lunch will be provided.

**To register for the above Programs: contact Sr. Ruthann, SSJ at [ssjruthann@gmail.com](mailto:ssjruthann@gmail.com) or 856-449-4328**