

Holy Cross Parish: Adult Faith & Spiritual Formation Programs
Sr. Ruthann O'Mara, SSJ – Director of Adult Faith & Spiritual Formation



Young Professionals: Scripture Sharing Session

Dates: Monday, April 25, 2022 Time: 8 PM – 9 PM

How can I deepen my faith through sharing on scripture? How can I live the call of the Gospel in my everyday busy life? Young professionals, with those same questions, are meeting virtually on April 25th for reflection and sharing on the Sunday scripture readings. There is power in the group! Come as you are!

To register contact: John Polanin at john.polanin@gmail.com

Spiritual Reading Group: A Friendship Like No Other, by: William Barry SJ

Dates: Mondays, May 9, 16, and 23 Time: 12 Noon – 1 PM **OR** Time: 7 PM – 8 PM

How can I grow in my relationship with Jesus? How can I become friends with the Christ of the Gospels? “Throughout *A Friendship Like No Other*, renowned spiritual director William A. Barry, SJ, explores the premise that God wants to relate to us as a close friend. Barry has contemplated this idea – radical for many Christians – throughout his lifetime, and he explains that it actually traces back to the “developing revelation of God Contained in the Bible.” Grounded in biblical tradition and with a clear focus on Ignatian spirituality, this book offers a fresh, heart-changing approach to living joyfully in the freedom of the divine embrace. Brief, personal meditations are woven throughout. Participants are asked to purchase the book and read Part I for the May 9th Session. Sessions are virtual or on the phone.

Adult Faith Formation: What is Spiritual Direction?

Dates: Monday, May 2, 2022 Time: 7:30 PM – 8:15 PM

“Spiritual direction encourages you to explore a relationship with the Mystery that many name God. In the midst of a busy life, many people find it difficult to notice God’s action in their daily affairs. Yet, at the deepest level, all of us long for a more conscious experience of God’s presence and love.” - Spiritual Directors International

During this evening session we will explore the meaningful purpose and the many gifts of Spiritual Direction.

Presenter: Sister Ruthann O'Mara, SSJ

Blessed Are You! A Parish Retreat

Date: Saturday, May 7, 2022 Time: 9 AM to 1 PM In-Person Retreat

Can you take this morning to slow down, to enjoy the beauty of creation, and to nourish your soul? This gift of time will afford you the space to reflect and pray in the comfortable, quiet atmosphere of Raphaela Retreat Center. “St. Raphaela Center provides a peaceful welcoming atmosphere for all who are looking for a place and a time for God. Grounded in hospitality and Ignatian spirituality, the Handmaids of the Sacred Heart welcome individuals and retreat groups to rest, heal, grow and be nourished.” Raphaela Retreat Center, located in Haverford, PA, is a ministry sponsored by the Handmaids of the Sacred Heart of Jesus.

Lunch will be provided. Time for communion with God and others! Space limited. Register early.

To register for the above Programs: contact Sr. Ruthann, SSJ at ssjruthann@gmail.com or 856-449-4328